



Rutland Local Sport Alliance Minutes

Wednesday 17th April 2019 - 5pm Start

Active Rutland Hub, Oakham Enterprise Park

1) Welcome and Introductions:

Present:

Danielle Adams – RCC Active Rutland, Mary Hardwick – Inspire2tri CIC, Barbara Crellin – Local Sport Alliance Chair, Kate Scott – Leicester-Shire & Rutland Sport, Caroline Abdul-Rahim – Rutland Rotaract Family Support Centre, Adrian Salt – Uppingham Town Cricket Club, Niall Cooter – Velo Club Rutland, Simon Mutsaers – Citizens Advice Rutland, Councillor Lucy Stephenson – RCC Culture and Leisure Portfolio Holder

Apologies:

Melissa Hull – Rutland Athletic Club, Frank Hinch – Greetham Valley Golf Club, Lesley Hawkes – RCC Aiming High, Jonathan Harrold – Catmose Sports Centre, Robert Clayton – RCC Culture and Leisure, Paul Rogerson – Rutland Running and Triathlon Club, Peter Farrar – Oakham Tennis Club, Kevin Spiers – Rutland Canoe Club, Caroline Hattee – Ketton Panthers Triathlon Club, Anneka Sherratt – Catmose Sports Centre

2) Previous Minutes and Matters Arising:

- Make your move campaign is still in the early stages and we will need support with spreading the word
- Updates will take place throughout the meeting

3) Run For Rutland:

- Third year running for primary schools
- 2/3km run
- Saturday 11th May at the Rutland Showground
- 9am arrival for a 9.30am run
- School run fundraising event

4) Big Splash:

- Sunday 23rd June at Sykes Lane
- It is a free family fun day, being hosted by the Leicestershire Fire and Rescue Service
- The event is to promote and educate the general public on water safety and will have representation from the RNLI, RLS, East Midlands Ambulance Service, Lincolnshire, Leicestershire and Northamptonshire police and more
- There will be demos in the water, activities for the family and stands from companies promoting and talking about water safety
- On a separate note, for other events the highways team at the council have a new event booking process for road closures

5) Club Matters:

- Club Matters provides free, convenient, practical resources to help organisations to develop, grow and become more sustainable and successful

- Further information can be found at: <https://www.sportenglandclubmatters.com/>

6) Choice Unlimited:

- Fourth year running
- Free event
- Promoting information, services and products for disabled children, young people, adults, older people and carers
- Wednesday 23rd October
- 12pm – 6pm
- Rutland Showground

7) Walking and Cycling Festival:

- Saturday 18th May – Friday 31st May
- The Walking and Cycling Festival which launches on Saturday 18th May involves fun, friendly walking and cycling based physical activities, designed for individuals and families to move more often
- The two weeks will see over 30 sessions for all ages and abilities to try including country walks, mountain bike ride, electric bike demo day and much more
- It's a perfect opportunity to meet new people with similar interests, explore different areas across the historic county, whilst witnessing the breath taking views of the countryside
- To view the timetable for further information, please visit: <https://www.activerutland.org.uk/walkingandcycling>
- See below for statistics on bikeability within Rutland:

Year	Level 1 & 2	Level 3	Balance	Learn To Ride
2015-16	250	7	N/A	N/A
2016-17	319	13	N/A	N/A
2017-18	325	18	134	32
2018-19	369	109	406	23

8) Publicity of Active Rutland and LRS:

- The Leicester-Shire & Rutland Sport Insight Hub provides a platform to make it easier to find the information you need e.g. funding, workforce education, online volunteering training and much more
- To access the insight hub, please visit: <https://www.lrsport.org/insighthub>
- Clubs to send in information about what's going on so that Active Rutland can help promote and know what is going on for signposting
- To link in with your local community, Nextdoor was suggested which is a free private social network for your neighbourhood community

9) Club Updates:

Inspire2tri:

- 8-12 years open water swimming coming on a Thursday evening:
 - Level 1: 8-10 years – water safety
 - Level 2: 10-12 years – belong to triathlon club and have done a bit in the water
 - Level 3: ready to race
- Delivering 13 Exercise Referral classes per week

Rutland Rotaract Family Support Centre:

- Individuals under 25 with an impairment can attend Inspire2tri hydrotherapy water sessions

- Targeted swimming and riding sessions
- Attended the rotary disability games
- 2 athletes from the Special Olympics have come back with medals - 1 gold and 1 bronze

Uppingham Town Cricket Club:

- Juniors kick off Thursday 25th April
- Engaging with parents to get involved in volunteering
- England disability squad coming to train with us – Sunday 2nd June
- Hosting kwik cricket schools event

Velo Club Rutland:

- Niall took over as chairman as of January
- Lots of experienced riders, not hugely inclusive, few women and no children
- Wants to make the club more community focused
- Needs support with volunteering to commit to 8 areas to grow the club
- Wants to help educate riders and work with the council and police to make roads safer
- Based in Oakham - don't have a club house
- Have a website and Facebook page
- Organised rides from Oakham Cycle Centre and RCC roughly 25 – 50 miles
- Affiliated with British Cycling

Citizens Advice Rutland / Rutland Community Wellbeing Service:

- Third round of the Healthy Rutland Grant Scheme closes Friday 5th July 2019
- Volunteering Fair – Wednesday 5th June at Oakham Castle
- Social prescribing workshops taking place at the moment

Councillor Lucy Stephenson:

- Handover notes for the next portfolio holder:
 - Communication and PR for Active Rutland
 - Losing the LSP – how do we keep the good bits of this?

Rutland Athletic Club:

- Operating term times, big numbers, across a number of venues
- Another new coach on board

Oakham Rugby Club:

- Club has been relegated due to availability of players for some games
- 5 year olds playing in mini section
- Junior county championships this year
- Need volunteers
- Digi rugby in Rutland has started in Langham with a few spaces available

Leicester-Shire & Rutland Sport:

- See attachment

10) AOB:

- Next meeting:
 - Wednesday 24th July
 - 5pm
 - Active Rutland Hub