



Rutland Local Sport Alliance Minutes

Wednesday 2nd October 2019 - 5pm Start

Active Rutland Hub, Oakham Enterprise Park

1) Welcome and Introductions:

Present:

Danielle Adams – RCC Active Rutland, Barbara Crellin – Local Sport Alliance Chair, Kate Scott – Leicester-Shire & Rutland Sport, Mary Hardwick – Inspire2tri CIC, Anneka Sherratt – Catmose Sports Centre, Yasmeen Abdul-Rahim – Rutland Disabled Youth Forum, Lesley Hawkes – RCC Aiming High, Simon Mutsaers – Citizens Advice, Caroline Abdul-Rahim – Rutland Rotaract Family Support Centre

Apologies:

Rob Lewin – RCC Active Rutland, Kathy Yallop – Rutland Cycling, Jonathan Harrold – Catmose Sports Centre, Adi Salt – Uppingham Town Cricket Club, Councillor Lucy Stephenson – RCC Culture and Leisure Portfolio Holder

2) Previous Minutes and Matters Arising:

- The Leicester-Shire & Rutland Sport generic safeguarding and first aid qualifications are relevant for all sports
- Visit www.lrsport.org/bookit for a list of local safeguarding, first aid and additional courses
- DBS has gone down in price as of today
- Health Action Day has been postponed until March next year with an aim to target inactive families
- The secondary leadership academy currently asks leaders to log their voluntary hours with their local clubs. If clubs are interested in linking in directly so that we can promote these opportunities, please contact Rob on rlewin@rutland.gov.uk

3) #Includeme2:

- Disability acceptance training
- Sharing positive and negative experiences from people with disabilities
- Takes around an hour but it can be shortened if needed
- Covers visible and hidden disabilities
- Key message – don't be afraid to take someone into your club with a disability, ask how you can help them
- Further information can be found on the attachment, the Rutland Disabled Youth Forum's social media page or email RutlandDYF@hotmail.com
- Drop in to Victoria Hall, have a conversation and find out about the campaign on December 4th to celebrate International Disability Awareness Day

4) Clubmark and Club Promotion:

- Clubmark:
 - Sport England will cease Clubmark on the 30th November 2019
 - Club Matters will continue and has a huge range of resources available such as:
 - Club improvement tool
 - Online learning modules

- Toolkits and templates
- Club Matters workshops
- Clubmark's website will still be available with a range of guides
- Sport Structures and Sport England are still available to support
- Club Promotion:
 - Continue to update us on activities, events and services you are providing so that we can continue to help promote as well as know what is going on in the area for when we receive enquiries

5) Club Updates:

- Aiming High:
 - Inclusive Friday sessions are continuing
 - Gym session is ongoing on a Sunday afternoon
 - Other regular targeted activities are taking place as usual
- Inspire2tri:
 - <https://youtu.be/SyilHAsIvIc>
 - Video showing Riskey's story of her recovery from a stroke with group exercise

6) School Sport:

- Primary cross country took place last week (27th September)
- Into the second year of intervention testing for the Whole School Approach project
- School competitions calendar can be found on the Active Rutland website for a list of all of the competitions taking place throughout the school year
- Active Families:
 - Family forest offer starting next week
 - Yoga and energise club to follow in November
 - New monthly activities from January
 - Catering for small numbers initially
 - To get involved contact Rob on rlewin@rutland.gov.uk

7) Open Forum:

- Discussions took place and it was decided to focus the next meeting in January on the purpose and direction of the group

8) AOB:

- Wednesday 22nd January, 5pm, Active Rutland Hub
- Focusing on the purpose and direction of the Local Sport Alliance