



Rutland Local Sport Alliance Minutes

Wednesday 24th July 2019 - 5pm Start

Active Rutland Hub, Oakham Enterprise Park

1) Welcome and Introductions:

Present:

Danielle Adams – RCC Active Rutland, Mary Hardwick – Inspire2tri CIC, Kate Scott – Leicester-Shire & Rutland Sport, Rob Lewin – RCC Active Rutland, Lesley Hawkes – RCC Aiming High, Anneka Sherratt – Catmose Sports Centre

Apologies:

Kelly Hicks – Catmose Sports Centre, Councillor Lucy Stephenson – RCC Culture and Leisure Portfolio Holder, Emma Herd – Rutland County Netball League, Caroline Abdul-Rahim – Rutland Rotaract Family Support Centre, Peter Farrar – Oakham Tennis Club, Simon Mutsaers – Citizens Advice, Kathy Yallop – Rutland Cycling, Adrian Salt – Uppingham Town Cricket Club, Barbara Crellin – Local Sport Alliance Chair, Jonathan Harrold – Catmose Sports Centre

2) Previous Minutes and Matters Arising:

- The Big Splash event didn't take place
- Updates will take place throughout the meeting

3) Training / Topics To Cover In The Future:

- Rutland Disabled Youth Forum to be invited to the next meeting to talk about their #includeme2 disability awareness campaign
- Recruiting and keeping volunteers was suggested for future training courses

4) Active Rutland Update:

- Community Sports Awards - Wednesday 13th November
- Twilight Games - first 2 weeks of August

5) School Sport:

- School Games culminated with Summer School Games Champs at Uppingham School. Rutland fully represented in all activities from 9 different schools for 12 different activities.
- 65 leaders present from UCC and Harington which represented over 50% of all leaders there on the day.
- Provisionally booked in at USSC again for next year's champs.
- Presentation night – awards night went very well with over 300 attending. Also had High Sheriff and Lord Lieutenant in attendance. Barbara very kindly opened the night in her role as LSA chair.
- EYFS/KS1 Intervention Programme – all retesting now complete for year 1 and data being analysed to surmise the impact of the programme this year. Initial findings are that all children who've received intervention have closed the gaps on their peers in terms of physical literacy and ability, some even overtaking peers. Year 2 to commence in September with new intake of EYFS.

- New leadership academies to be established at Catmose and CCR for year 7/8 along with a 2nd academy at UCC (junior for year 7/8 and senior for year 9/10). Will increase the number of leaders throughout our schools and further develop workforce to assist at events etc.
- These academies in schools will link to NGB courses and following that link to clubs and community groups.
- 2019/20 calendar being put together over summer holidays ready for September.

6) Family Activity:

- Different sessions available to families across the year with an opportunity to try a different activity per month
- Introductory offers
- Linked in with community groups so that families can continue with an activity long term
- Different activities depending on the time of year to try
- One off events or over a specified length course

7) Club Updates:

Aiming High:

- Sports sessions on a Friday with Mark Beeby
- Day with Root and Branch Out
- Cycling around Rutland Water
- Watersports
- Yoga sessions
- Weekly sessions at Catmose Sports Centre gym
- Multisport sessions on a Friday evening 14+ SEND 5-6pm
- Sailability sessions during the summer

Inspire2tri CIC:

- Finished swimming sessions with juniors - 58 attendees over 3 sessions
- Looking to do a 100m course for next year for 8 -14 year olds including disability

Active Rutland:

- Looking to utilise leaders from each school to run an event in their school e.g. couch to 5k

Leicester-Shire & Rutland Sport:

- Workforce education programme - online resources and workshops around 1 hour to do such as safeguarding, bullying, mental wellbeing and first aid
- All details are on the LRS website - www.lrsport.org
- See attachment for further updates

Catmose Sports Centre:

- Health Action Day:
 - Saturday 21st September
 - Taking place at Catmose Sports Centre
 - Making it more community focused

8) LRS Get Active Search Engine / Rutland Information Service:

- Don't forget to list your clubs sessions on the following 2 websites:
 - <https://www.lrsport.org/getactive>
 - <https://ris.rutland.gov.uk/kb5/rutland/directory/home.page>

- We signpost people to these websites therefore please keep this information up to date for those wishing to attend your sessions.

9) Signpost To Summer Activities:

- Please let us know about any activities you are running during the summer holidays so that we can promote these and let the public know what is available this summer.

10) AOB:

- Next meeting:
 - Wednesday 2nd October
 - 5pm
 - Active Rutland Hub